



2016

Annual Report



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TREATMENT SERVICES

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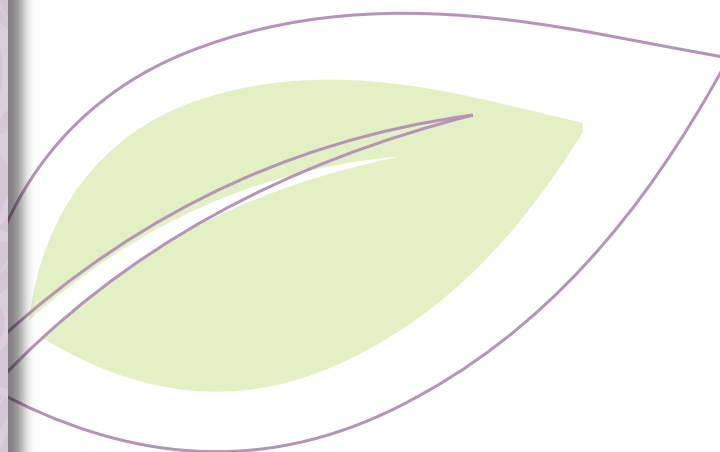
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MISSION

Changing the behavioral health
and social service outcomes
for people of all ages from
surviving to thriving.



A MESSAGE FROM ROY LEITSTEIN, CEO



Dear Friends and Supporters,

2016 proved to be another exciting year at Legacy Treatment Services. We continued to build on our core components: quality services, dedicated staff, and most importantly – our mission. Keeping these elements at the root of our strategic plan and in every decision we faced, we succeeded in growing the organization in a way that allowed us to maintain our focus while reaching more individuals and families in need.

In addition to opening new crisis stabilization programs for children and youth with developmental disabilities and beginning services in our fourteenth New Jersey county; we also expanded our programming to a second state. The State of Delaware awarded Legacy Treatment Services a contract to provide Assertive Community Treatment Services to adults with a serious mental illness in New Castle County. This was a major accomplishment for Legacy, as Delaware already contracts with multiple behavioral health providers.

Legacy Treatment Services also succeeded in forging new types of collaboration this past year. With the healthcare arena's fundamental shift toward the integration of physical and mental health services, Legacy began partnering with primary care practices to offer integrated care to their patients. Legacy was also awarded a contract to become Virtua Health's behavioral health provider where we will soon begin providing outpatient psychiatric and addictions services at Virtua's Berlin facility. Finally, we have partnered in the operation of Alpha Healing Center, an outpatient addictions facility in Jersey City. These new ventures have allowed us to impact more lives, through service delivery as well as through employment opportunities. Legacy's staff has grown to more than 900 competent, caring, and committed individuals. Growth and change can be difficult, and I'm proud to say our employees have risen to meet every new challenge.

None of this work would be possible without Legacy's supporters. Your contributions, sponsorships, event participation, and volunteerism enable us to deliver services in a manner that is truly able to transform lives. Your support makes this a reality. Thank you for your unwavering dedication to our agency. We simply couldn't succeed without you.

From Surviving to Thriving...

Warmest regards,



Roy A. Leitstein, MS
Chief Executive Officer
Legacy Treatment Services

**Legacy Treatment Services offers a full continuum
of behavioral health and social services for children,
adults, and families:**

- 🌱 prevention programs
- 🌱 crisis intervention
- 🌱 outpatient therapy and psychiatric services
- 🌱 case management
- 🌱 substance abuse services
- 🌱 therapeutic foster care
- 🌱 residential programs
- 🌱 juvenile detention alternatives
- 🌱 developmental disability services
- 🌱 special education school



LEGACY TREATMENT SERVICES

2016 Facts & Figures



~ **15,000** individuals served throughout Legacy's continuum of care

~ **1,170** family crises stabilized in the community through Children's Mobile Response

~ **398** children and youth with behavioral health challenges provided with housing, treatment and supports through Adolescent Residential Services

~ **568** adults and adolescents treated to overcome their drug and alcohol addictions

~ **187** adults offered a safe alternative to hospitalization through Kairos House and Crosswinds

~ **635** individuals and families provided with information, resources, and supports through Generations Family Success Center

~ **202** students enrolled at Mary A. Dobbins Special Education School with individualized education and supports

~ **1,715** children, adults and families provided with psychiatric services and therapy at Outpatient Services

~ **5,278** individuals in crisis screened, stabilized and linked to the appropriate level of care through the Screening & Crisis Intervention Program (SCIP)

~ **369** youth offered counseling, prevention services, and education assistance at the School Based Youth Services Program

~ **162** adults supported in mental health treatment adherence through Involuntary Outpatient Commitment (IOC) services

~ **174** adults with mental illness provided with case management services and supportive housing to remain safely in the community





THE YEAR IN REVIEW

2016 brought substantial growth to Legacy Treatment Services, resulting in several new programs as well as expansion to the State of Delaware. With this expansion comes the ability to serve more children, adults and families in need, and to further the reach of Legacy's Mission.

With funding from the New Jersey Department of Children and Families, Legacy Treatment Services opened an Intensive Residential Treatment Services (IRTS) home as well as three Crisis Stabilization Homes, serving youth with mental health issues and/or developmental disabilities. These programs aim to assess, stabilize, treat, and reunify the youth with their families or move them to a less restrictive setting.

The Delaware Department of Human and Social Services awarded Legacy a contract to provide Assertive Community Team (ACT) services in New Castle County. ACT supports adults with mental illness with a multi-disciplinary team approach that is intensive, community based and responsive to each individual's needs. This award marks Legacy's first venture into a new state, expanding the agency's footprint as well as its continuum of care.

“ Legacy was there to help me. If it wasn't for Legacy, I wouldn't know how to live. I'd be homeless without benefits. ”

Leonard, a native of South Korea, has long suffered from depression and anxiety. When his symptoms increased, his relationship ended and rendered him homeless. Leonard was eventually referred to Legacy's PATH program which arranged for temporary housing and benefits. PATH helped Leonard apply for a housing voucher, move into stable housing and connect with culturally appropriate supports that were easily accessible from his new apartment. Once Leonard was settled, PATH transitioned him into Legacy's Community Support Services, where he has been able to receive ongoing supports to help him maintain his housing and stability. Leonard successfully completed treatment through Legacy's Outpatient program and is currently working with a job coach so that he can obtain employment.

 **Leonard,**
Adult Community
Support Services consumer




“ I now know it's one of the most crucial personal decisions I have made to date. I cannot express enough my gratitude. I'm sure this practice will help all reach a lifetime of supreme mental health, no matter what obstacles they may face during their lives. ”

Michael is a 52 year old man with a history of severe depression and anxiety. When he began therapy at Legacy's Outpatient Services Department, he didn't have much faith in the process and doubted it could help him. Michael had suffered severe physical injuries, including brain trauma; and was lacking trust in everyone around him, including his therapist. Over a long period complete with multiple setbacks, Michael made progress, eventually recognizing his own achievements. He gradually regained his ability to trust in others as well as himself, and was determined to become positive and productive again. After two long years of therapy, Michael completed his Outpatient treatment with gratitude and hope for the future, crediting his therapist and the Outpatient program.


 **Michael,**
Outpatient consumer






“ I had some thoughts of hurting myself and I needed help. Legacy saved my life. ”

At the age of 14, Jennifer was referred to Legacy's Adolescent Residential Services after her family discovered she had been sexually abused by a relative for more than two years. Jennifer was experiencing severe depression and suicidal thoughts when she arrived at a Legacy home. There she received therapy, psychiatric services, and support for seven months, after which she emerged stronger and ready to take back her life, returning home to her father. Both Jennifer and her father credit Legacy with being the lifeline to overcoming their trauma and opening a new chapter in their lives.

 **Jennifer,**
Adolescent Residential Services consumer



“ Legacy made a difference in my life because it showed me how to be different and how to get along with everyone around me. ”


Sandeep was referred to Legacy's IOC program due to her inability to maintain consistency with treatment and therefore her stability. IOC staff were able to help Sandeep create an individualized plan that would work for her, using WRAP (Wellness & Recovery Action Plan) techniques. With the support of Legacy's IOC case management, peer support, and psychiatry staff, Sandeep was able to reach treatment milestones, eventually returning to work. She continues to receive case management support from IOC and is working toward some powerful goals, including already passing the first section of her CPA exam.


 **Sandeep,**
IOC consumer



“ Honestly, The Hive saved my life. It's the reason I didn't drop out of high school. ”

Marissa was a participant in Legacy's School Based Youth Services Program (The Hive) since freshman year at Pemberton Township High School. When serious personal issues occurred in her later high school years, Marissa credited The Hive program in preventing her from committing suicide. Hive staff coordinated mental health screening and treatment, providing supportive counseling when Marissa returned to school after her medical absence. When Marissa was told she was in jeopardy of not graduating due to her extended leave, she went to Hive staff desperate for help. Having already experienced so much stress, she was ready to drop out of school. Instead, Hive staff encouraged her to advocate for herself with school faculty and administration and provided support, including role playing exercises. The Hive helped Marissa identify the obstacles she faced, worked with her to develop a plan to overcome them, and provided stress management tools to assist along the way. Through counseling support and advocacy work, The Hive was able to support Marissa in completing all necessary education requirements, allowing her to walk with her graduating class. Today, Marissa is planning to begin college with a focus on the medical field.

 **Marissa,**
graduate of The Hive
(School Based Youth
Services Program)



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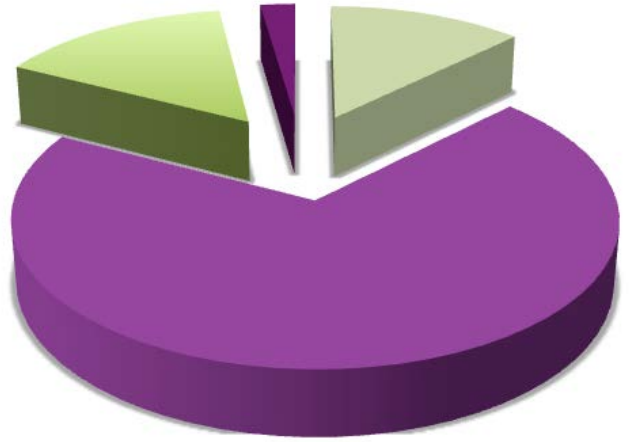


2016 REVENUES / EXPENSES



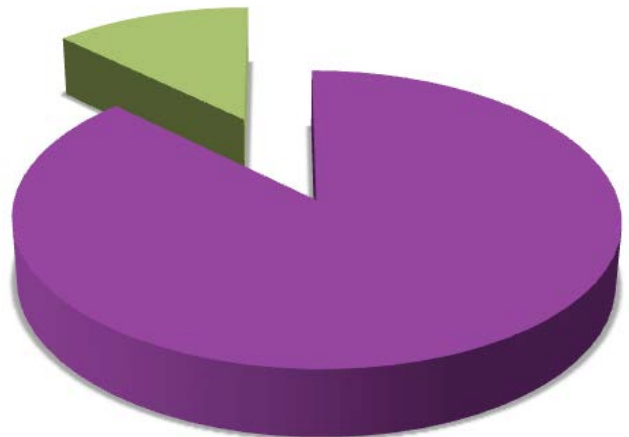
Revenue:

Federal-State-County Grants	5,909,136
Consumer Fees	32,881,089
School Tuition	7,096,890
Other Income	1,054,699
Total Revenue	46,941,814



Expenses:

Program Services	41,448,220
Management & General Expense	5,992,424
Total Expense	47,440,644
Net Revenue / Expense	(498,830)





LEGACY
TREATMENT SERVICES



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