



Legacy Treatment Services' mission is to change the behavioral health and social service outcomes for people of all ages from surviving to thriving.

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LEGACY- CTS AFFILIATION

New Jersey's most vulnerable children, adults, and families are now benefiting from a new affiliation. Effective July 1, 2017, Legacy Treatment Services and Community Treatment Solutions joined in an affiliation that serves to provide a continuum of mental health and developmental services spanning 14 counties in New Jersey as well as Delaware. The organizations share a goal of supporting individuals in overcoming challenges and working toward a life of wellness and recovery.

In the reorganization of these agencies, Roy Leitstein, Chief Executive Officer of Legacy Treatment Services (LTS) is overseeing the new collaboration with Lynn Santilli Connor, serving as Executive Director of Community Treatment Solutions (CTS). Susan Buchwald, the former Chief Executive Officer of Community Treatment Services is now serving as Legacy's Chief Strategy Officer. CTS is maintaining all their existing programs and contracts but all administrative functions including finance, quality improvement and human resources are being centralized at LTS.

Established in 1990, Community Treatment Solutions is a community-based continuum of care for children, youth and their families. Services are designed for youth who have experienced trauma and present with behavioral and addiction issues. It also has programs for youth who are developmentally and/or intellectually delayed and are victims of human trafficking.

With over 200 years of experience serving New Jersey's most vulnerable and at-risk children, youth, adults and families, Legacy Treatment Services serves as the premier resource in the region for residential, behavioral, and mental health needs.

A MESSAGE FROM ROY LEITSTEIN, CEO



Welcome to our new Legacy Treatment Services newsletter! You may have noticed that the name of this publication has changed to “THRIVE.” This new title not only reflects our mission, **to change the behavioral health and social services outcomes for people of all ages from surviving to thriving.**

Thrive also reflects the state of our organization.

There are so many new and dynamic things happening at Legacy. Our affiliation with Community Treatment Solutions (see the story on the front page) has gone smoothly with children and families already realizing the benefit of an extended and specialized continuum of care. The opening of Lester Place, a state of the art program for 15 youth with developmental disabilities in a beautiful newly-renovated setting, has received praise statewide. Our expansion into Delaware includes operating a hotline and mobile response services statewide for youth as well as providing Assertive Community Treatment for adults. We will also soon be expanding our New Jersey services into Monmouth Junction and Northfield.

Our commitment to this growth and expansion comes from our belief that we provide critical and superior services to our consumers and that we therefore have an obligation to make these stellar services available to as many people as possible—so they can *THRIVE*.

Since our last issue, the Legacy Foundation has staged successful fundraising events such as Ride to Thrive and the Annual Golf Classic that drew more participants and raised more funds than ever before. Please see information on our upcoming signature fundraiser, Monte Carlo Night.

I invite you now to see for yourself examples of how our supporters, volunteers and our dedicated staff help our community *THRIVE*. Thank you again for your support of Legacy Treatment Services.

The Legacy Team and consumers wish you all happy holidays.

Sincerely,

Roy Leitstein
Chief Executive Officer
Legacy Treatment Services

DELAWARE PROGRAMS

Children and youth experiencing behavioral health crises are now able to get help from Legacy in Delaware.

The Legacy Children’s Mobile Response and Statewide Call Center opened in New Castle and Kent Counties in Delaware on July 1, 2017. The program provides a 24/7 response, including risk assessments and intervention services, to children and youth in crisis and also a 24/7 call center for families experiencing crises with kids.

The Legacy mobile response services are family oriented and use an individualized approach focusing on strengths and needs for youth in Delaware. ♡

BURLINGTON COUNTY TIMES AWARD

Legacy’s Outpatient Services was awarded “One of the Best Outpatient Therapy/ Recovery Centers” in Burlington County 2017, according to the *Burlington County Times*. As part of the award, Legacy received a certificate (pictured) and a window decal, which is now displayed in the Outpatient waiting room window. ♡



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PLEASE JOIN OUR YEAR END APPEAL LEGACY TREATMENT SERVICES

David's Story: How One Child Went From Surviving to Thriving



David was admitted to Brian House, our newest Crisis and Stabilization Home for youth with Autism and other developmental disabilities, in August. David, a tall 13 year old boy with a baby face, lost his mother to cancer 2 ½ years ago. Since that time, his father has tried to raise him and his older brother without any other family support.

David came to us after he became unmanageable for his father. He had begun to look up directions to hospitals online and run away at night trying to get to the hospital, the last place he saw his mother. His father was forced to stay up all night to make sure he would stay at home and gave David whatever he wanted to eat, mostly junk food, just to avoid the inevitable meltdowns. Although intelligent and a good student, David regressed after his mother passed and when he arrived, was only speaking in one to two word phrases. He would often stay alone in his room, not looking to interact with staff or his peers.

With the diligent work of our staff, this youth was drawn out of his shell. He began to speak more, mostly in mumbles at first. Today he is able to speak clearly in full sentences. He has begun to interact with the other youth in the home, playing matching games and Legos. He is now able to go out in the community on fun outings and really enjoys the grocery store.

On a recent outing with his father and brother, David was able to order a meal at the restaurant, and even ate some of his vegetables. His favorite food is still pizza, but he is still a 13 year old boy. Although he is just starting grief counseling, David's family and case workers are amazed with the progress he has been able to make in only a few months' time.

With the financial support of community partners like you, Legacy Treatment Services is able to develop and maintain programs and services to assist individuals and families desperate for help. For so many, their cries for help go unanswered and oftentimes unheard. While the holidays are a joyous occasion for many, for others it brings the silence of feeling alone that can become deafening. It is not uncommon that those most vulnerable begin to explore self-harm or become suicidal. Our dedicated staff of professionals at Legacy is equipped to create nurturing environments to foster positive change and outcomes for people of all ages. Partner with us as we walk alongside those in need on their personal journey to wellness and recovery.

Please use the enclosed remittance envelope to make a tax-deductible gift.

Fall Family Festival

Youth from Legacy's residential programs and their families had a blast at The Legacy Fall Family Festival, held at the new Lester Place Campus in New Lisbon.

Opened on July 1st, the campus serves 15 children with intellectual and developmental disabilities. Families are allowed to visit the children whenever they like at the program, which has a goal of reuniting children with their families once they have made progress and can transition to home care.

Some of activities at the festival included moon bounces, a petting zoo, a video game truck, interactive blow-up soccer field games, volleyball, tug of war, a tie dye & quilting table and musical entertainment provided by a DJ. In addition, members of Legacy's operations team prepared lunch on the grill.

"It is really rewarding to see staff members from so many different departments in Legacy coming together and working the various stations and events at this festival," a Legacy clinician volunteer said.

"This event truly brought Legacy together as a whole".

The kids and other guests took notice. "I haven't been able to have fun like that with my mom and little brother in a long time since I have been away from home for four years," a resident said.





BERKELEY STRIPER CLUB

The Seaside Park-based Berkeley Striper Club, one of the largest surf-fishing clubs in New Jersey, continued its partnership with Community Treatment Solutions over the summer by taking children and youth on fishing outings.

Longtime members Sara and Fred Bogue met children from CTS' residential program at Laurel Acres Park in Mount Laurel in early August, where the first-time fishermen caught a number of small fish in the park's pond. The Bogues provided the kids with fishing rods and bait, as well as a picnic lunch afterwards.

Later in the month, the Bogues joined with other members of the club to meet a larger group of youth from CTS' group homes for their third annual fishing day at Sea Girt. Showcasing their club objectives of "promoting and protecting recreational fishing interests while safeguarding our natural resources," the members distributed educational materials, demonstrated the use of lures and hooks and practiced casting on land before taking the CTS youth and clinicians to the beach for fishing in the ocean.

The slightly overcast day turned out to be great for fishing, as the group caught numerous fish. One girl in particular caught 25 herself!

The outing ended with sandwiches and excited talk about their experiences, with the youth allowed to take their rods with them to fish another day. Thanks again to the Berkeley Striper Club for providing a unique experience that the children and youth of CTS will not soon forget. 🐟



Reindancer Academy

Youth from Community Treatment Solutions' group homes are getting to experience what it's like to bond with horses, thanks to the Reindancer Therapeutic Riding Program.

With assistance from its own fundraising efforts, Reindancer, which is located at the Laurita Equestrian Center in New Egypt, NJ, is able to provide weekly group sessions to CTS for only \$20.

Thanks to the program's certified instructors, Reindancer is truly succeeding in its vision of helping horses heal people. 🐾



School Supply Drive

The Legacy and CTS School Supply Drives were a huge success!

Legacy placed donation receptacles at 22 locations throughout Burlington and Mercer Counties, with seven community partners holding internal company campaigns on our behalf. Supplies were donated to Adolescent Residential Services, Adult Case Management, Generations Family Success Center, School Based Youth Services and The Learning Academy. Over 200 children received supplies from this year's campaign.

CTS thanks TD Bank and Gold Gerstein Group (pictured) and others including Jess Crate Furniture, Target Store—Mount Laurel, Noam Yalon, Rob Worley and Sarah Zuba.

Legacy's partners included Radwell International, TriCore, Berkshire Bank, Holman/Infiniti, Miller Subaru, Amcor Flexibles, Remax Executive Realty, Legacy Hainesport, Legacy Children's Home Campus, Fulton Bank of New Jersey, Greentree Mortgage Company, Beneficial Bank and Investors Bank.

We are grateful for all our individual and corporate partners! 🌟



BAYADA EMPLOYEE PRESENTATION

Thank you to the employees of BAYADA Home Health Care, for your support of Community Treatment Solutions and the rubber band ball! The employee group from BAYADA presented CTS with a check for \$2,500. 🌟



EMPLOYEE APPRECIATION DAY



Dan Twyman was named Community Treatment Solutions Employee of the Year (pictured above in photo 1 and photo 2) and Diane Fillari (left), Jodi Salvati and Jennifer Demby (photos 2 and 3) were runners up at the CTS Employee Appreciation Day at Liberty Lake Day Camp!

In addition to the Employee of the Year, service awards were presented to (photo 4 - left to right) Kara Carola (10 years), Jen Hess

(20 years), Lynne Goode (20 years) and Judy Baldwin (15 years). Other service award winners not pictured were Gary Dugan, Sue Beltrante and Dot McIntyre.

Other employee of the year honorable mentions were Tene Irvin, Bernardo Guzman, Leslie Radichel, Maggie Levicoff, Mark Clark, Rodney Washington and Sheila Sanders.

Congratulations to all! 🌟



RIDE TO THRIVE

Nearly 200 cyclists participated in Legacy's 4th Annual Ride to Thrive at the Burlington County Fairgrounds on June 25th! Riders choosing the 45-mile and 63-mile courses were met with challenging hills and changing elevations throughout scenic Burlington County. Cyclists who selected the 30-mile and 18-mile options were treated to equally beautiful scenery and new courses. After the ride, everyone gathered for a country BBQ and live music. Together, we raised \$30,000 for those in need! 🌈



Rubber Band Ball

The rubber band ball continues to roll! The Legacy rubber band ball began when Community Treatment Solutions (now affiliated with Legacy) was approved by Guinness World Records to try and build the biggest rubber band ball!

The rubber band ball makes stops at events, public and private sites and locations where people have the opportunity to add bands, take photos and video and add their names to the record attempt!

Besides acting as a fundraiser for Legacy and CTS, the rubber band ball is intended to unite all of us in support of youth who have been abused, neglected and abandoned and to raise awareness about the long-term impact of trauma resulting from this abuse.

To donate, go to <http://www.ctsnj.org/donate-to-the-rubber-band-bus/>

To schedule a ball stop or to find out where the ball is going to be next, go to <https://facebook.com/rubberbandbus>. 🌈



LEGACY GOLF CLASSIC

Thanks to all the golfers, corporate, and community partners that made the 2017 Legacy Golf Classic a tremendous success. We exceeded our targeted goal by raising nearly \$124,000 to assist children, youth, adults, and families that need our help. The weather was picture-perfect as we welcomed 124 participants to enjoy a round at the beautiful Little Mill Country Club. Whether it was trying to Beat the Pro on a par 3, putt for \$10,000 or sink a Hole-in-One to win a new car, a great time was had by all. Next year will prove to be bigger and better than ever. The entire team at Legacy thanks you for your support of our mission, but most importantly, the over 15,000 consumers we serve throughout New Jersey and Delaware. 🌈



CUB SCOUTS MATCH AREA FOOD COLLECTION GOAL FOR LEGACY



The Cub Scouts of Pack 76, located in Mt. Laurel, NJ, is a dedicated group of boys that have already developed a sense of community engagement and willingness to assist those in need. Pack 76 has

partnered with Legacy Treatment Services for several years as their charity of choice and recipient of items collected during their annual *Scouting for Food Project*.

The Cub Scouts, with supervision from their parents and troop leaders, provide grocery bags donated by a local Shop Rite grocery store to each home in the Parkway Section of Mt. Laurel. The homeowners then fill the bags with non-perishable items to help feed those in danger of suffering from hunger.

This year, the scouts matched last year's total of collecting nearly 1,000 bags of food from homeowners in their troop area.



The bags are loaded onto a box truck owned by Legacy, sorted, and then distributed to individuals and families in need throughout the area. Often times, when we think of philanthropy it is in terms of monetary donations by adults, but this outpouring of care by Cub Scouts for fellow citizens in their community highlights that a *giving spirit* starts in the heart... even at a young age. 🌱



SAMHSA Health Fair

Legacy's late-summer health fair was a great success!

Legacy hosted a health fair in its Mary A. Dobbins School gym in collaboration with the Substance Abuse and Mental Health Services Administration (SAMHSA) on August 24th and August 25th that served over 160 Legacy consumers.

The primary goal for the fair was to provide SAMHSA with the opportunity to do research on the health of consumers with severe and persistent mental health difficulties. As part of their participation in the screening, which took about 15 minutes a person and included a free mini-physical and blood screen, each consumer received a copy of their results as well as a \$25 Visa gift card.

SUICIDE PREVENTION PRESENTATION

As part of National Suicide Prevention Week, Legacy Critical Director of Ambulatory & Emergency Services Ron Redmond shared tips and educational tools for preventing suicide before the Burlington County Regional Chamber of Commerce's HealthCare Issues Council. 🌱



ADAM MOSKOW MAGIC SHOW

Thank you to Adam Moskow of Pivotal Solutions for generously donating his time in putting on a great magic show for our CTS children! 🌱





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