



Legacy Treatment Services' mission is to change the behavioral health and social service outcomes for people of all ages from surviving to thriving.

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## LEGACY AFFILIATES WITH WOODS SERVICES

We are very pleased to announce our affiliation with Woods Services, based in Bucks County, Pa.! While Legacy's management, board of trustees and programs remain the same, our level of care and service will certainly be enhanced. We look forward to this partnership and strengthening our ability to provide exceptional developmental and behavioral support for children and adults.

The partnership will allow both Legacy and Woods to expand their support for people with disabilities, especially those with complex medical needs.

"We know that our affiliation will give both organizations access to innovative and dynamic services with a positive impact on every individual we serve," Legacy CEO Roy Leitstein said.

Legacy has recently worked closely with Woods on a number of projects, including Woods' new clinical program for children in need of behavioral health services, which was created with the help of Legacy's consulting.



**Woods**  
Exceptional People. Fulfilling Lives.



## A MESSAGE FROM ROY LEITSTEIN, CEO

### Welcome to Legacy Treatment Services' newsletter, *THRIVE*!

Many things continue to happen at Legacy that we are excited about. Our mission, to change the behavioral health and social service outcomes for people of all ages from surviving to thriving, is the impetus for our expansion and growth.

Since our last issue, we've seen the openings of new outpatient facilities in Monmouth Junction (Middlesex County) and Northfield (Atlantic County) and also partnered with Virtua Health in the spring to open an outpatient health and wellness center that provides psychiatric and addiction services (see the story on Page 3). Legacy also recently announced a new affiliation with Woods Services of Bucks County, PA and we will begin to serve Philadelphia youth in Philadelphia as well as in New Jersey.

As the human services field continues to face threats and challenges to its core mission of serving those who need us most, Woods and Legacy are creating a dynamic population health management organization that relies on our combined expertise to provide the highest quality care continuum that meets the complex health, behavioral, social and educational needs of those we serve. We believe that we provide critical and superior services to our consumers and seek to make these great services available to as many individuals as possible.

The Legacy Foundation has also been busy with the staging of successful fundraising events such as Monte Carlo Night, Night of Trivia and Ride to Thrive (see recaps on Page 4) and is hard at work on the fall Annual Golf Classic, BMW Car Raffle and other upcoming projects. These events are important in allowing Legacy to fund client activities.

In this issue of *THRIVE*, you will see many examples of how our supporters, volunteers and dedicated staff help our community.

Thank you again for your continued support of Legacy Treatment Services.

Sincerely,

Roy Leitstein, MS - Chief Executive Officer  
Legacy Treatment Services

## CHAIRWOMEN LEAD THE WAY AT LEGACY



**Gloria Miller**

Leading the Legacy Treatment Services Board of Trustees and the Legacy Foundation Board, respectively, is something that came about organically for Gloria Miller and Traci Jordan.

They have each contributed largely to Legacy's success in recent years with their business expertise, love of the community and volunteerism. When Community Treatment Solutions (CTS) affiliated with Legacy in July 2017, three-year CTS Board Chair and President Sarah Zuba joined the Legacy Board of Trustees and her experience has added to that success.

However, the fact that this is the first time in Legacy's history that there has been a woman chairing both of its boards (along with Zuba also remaining as CTS Chair) at the same time, is unique.

"Accepting the Chair position of the Board was an honor and a privilege for me," Miller said.

Miller, Co-Owner and Vice President of Comprehensive Healthcare Solutions, was named Legacy Board Chair in 2016 and has been a Legacy/Children's Home Board member since 2012. Legacy Treatment Services was formed from a merger of The Children's Home and The Lester A. Drenk Center in 2014.

"At every turn I try to keep the vision of Legacy at the forefront of my decision making," she said.

Jordan, the Chief Operations Officer at PCS, which provides managed IT services, became The Legacy Foundation Board Chair in 2018 and has been a member since 2015.

"I was flattered to be named Chair of the Foundation Board," Jordan, who coordinates all of her company's nonprofit involvements, said. "We can always have more women involved, but it's a start."

Nonprofit volunteering is also important to Miller, who participated as a volunteer youth minister in her church prior to joining the Children's Home Board.

"I then saw that volunteering through my board work would be another avenue to help families and at-risk youth," she said. "Volunteering at any level enriches the lives of the volunteer more than it does the organization. I think it is important to consider 'giving back' in whatever shape that takes for you."

Zuba, an attorney and partner at Reisman Carolla Gran, said that it was her past career in education and desire to support children that led to her working on the CTS Board, where she has been since 2004.

"I was galvanized by the stories I heard about CTS's work in changing children's lives," she said. "The most gratifying part of my work continues in my knowing that I am working alongside people who are there to ensure that the organizations fulfill their missions."

Jordan, Zuba and Miller have slightly different outlooks in regard to having leadership roles both inside and outside of the workplace.

"In most of my business meetings, I am the only woman in the room as there are lots of men in IT," Jordan said. "I haven't thought much about my gender in the workplace or on a board level. I always just wanted to earn the position I'm in, not just having it to fill a quota."

Zuba feels that many women seek out leadership roles and volunteerism in their work because of a sense of duty.

"There are obstacles that still stand in the way of women seeking to climb to the top of their profession, but I know from personal experience that it is partially driven by the dissatisfaction that some women feel towards the traditional paths to success," she said. "However, my career has led me to volunteer in positions where my service supports the work of the dedicated professionals of CTS and Legacy. Like me, I think that many women seek out this volunteer component in their work and see their service not as an opportunity, but as a duty they owe to others in their society."

Miller thinks about gender a bit more in her business life.

"Although more women today are embracing entrepreneurship, we often face challenges not typically shared by our male counterparts," she said. "The hardest part for me has been owning my accomplishments. I had to work hard not to devalue myself."

"However, taking on the role of Board Chair of Legacy has not been a struggle for me. I attribute that to my passion for the mission and the ability to see the big picture in business as well as at Legacy."



**Traci Jordan**



**Sarah Zuba**

## BOARD OF TRUSTEES 2018-2019

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Gloria Miller

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# DARE TO WEAR ORANGE 2018



Legacy Board Member Michel Merkk shows off his suit on Dare to Wear Orange Day



It was Dare to Wear Orange day at ABI Tape in Moorestown! To celebrate the birthday of King Willem Alexander van Orange Nassau of the Netherlands (the country of birth of Corporate Vice President and General Manager Michel Merkk of the Legacy Board of Trustees), employees each year are invited to wear orange! Legacy/Community Treatment Solutions received \$5 for every person participating.

With participation coming also from colleagues in Massachusetts, Rhode Island, Belgium, Italy, and Singapore; plus customers and family members, ABI Tape raised a record \$1,740!

At Moorestown, besides pizza, employees were also treated to orange cupcakes, orange soda, oranges and Cheez-Its at lunchtime! Thanks again Michel and ABI Tape! 🍊

## ••••• NEW OPENINGS •••••

Legacy has been busy opening a number of new program sites in recent months. Legacy partnered with Virtua to offer behavioral health and substance abuse treatment services at the Behavioral Health Assessment and Treatment Service in Berlin.

Open around the clock, the program is offering assessments, outpatient counseling services and treatment referrals for patients voluntarily seeking help for substance use disorder and other mental health concerns. Legacy expects to add medication-assisted treatment, intensive outpatient programs, and a 16-bed detox unit for patients withdrawing from substances within a year.

Legacy also opened outpatient behavioral health and substance abuse treatment centers in Northfield (Atlantic County) and Monmouth Junction (Middlesex County).

The two new centers provide patient-centered, individualized treatments, and utilize evidence-based treatment and counseling. Programs at the outpatient facilities include substance abuse intensive outpatient therapy, motivational interviewing, 12-step recovery programs and structured family therapy.

The preferred provider for behavioral health care services for Reliance Medical Group, Legacy's Northfield location is the first addiction treatment center in Atlantic County.

"We saw a need in both Middlesex and Atlantic County for the same patient-centered mental health care we provide in our Burlington County locations, so it was a natural step for us to open these outpatient facilities," said Legacy CEO Roy Leitstein. 🍊



Northfield



Monmouth Junction





Ken Dunek accepts the 2018 Legacy Award from Legacy Treatment Services CEO Roy Leitstein at Monte Carlo Night

## Monte Carlo Night

Former Philadelphia Eagle **Ken Dunek**, publisher of JerseyMan and PhillyMan Magazine, was honored with the **2018 Legacy Award** at the annual Legacy Monte Carlo Night—An Evening of Mystery, Fun and Magic! 🍷

The event, which featured expansive food choices, table games, a money booth, a wine wall and live and silent auctions, raised \$176,000 to support the work of Legacy Treatment Services!



Monte Carlo Night Event Chair Drew Polin with wife Lynn Polin

## Night of Trivia

Over \$14,000 was raised in support of Legacy at the **3rd Annual Legacy Night of Trivia** at Ramblewood Country Club in Mount Laurel!

In a hotly-contested match between 15 teams, the **Legacy Treatment Services** team took first place and **The Sundancers** (the 2016 champs) finished second after winning a tie-breaker question with third-place **Reisman Carolla Gran**.



Night of Trivia Champions - the Legacy Treatment Services team!

## RIDE TO THRIVE

The 2018 Fifth Annual Legacy Ride to Thrive was a great success! The weather was picture-perfect as there were nearly 200 riders registered and everyone had a great time on the 63, 45, 30 and 18-mile routes through the scenic Burlington County farmlands! After returning from their ride, participants were treated to a country-style BBQ! Just over \$25,000 was raised for The Legacy Foundation.





## TD Bank Presents Financial Education to CTS Teens

Thank you to the Regional Commercial-Sales Support and Project Management team from TD Bank for presenting their first financial education session during the summer to teens from Legacy affiliate Community Treatment Solutions (CTS)!

The group learned about translating a work pay stub and calculations of benefits. Upcoming sessions will discuss budgeting, as well as other useful financial information to better prepare youth who may be on their own in the near future. Thanks again TD! 🌸



## Berkeley Striper Club



Thank you to the Berkeley Striper Club for providing a third annual fishing day to youth from Legacy affiliate Community Treatment Solutions!

## FROM THE DESK OF ROY LEITSTEIN

Greetings Legacy!

I hope this message finds each of you well. As I type this, many of us are home with our families or friends and enjoying the end (or maybe the start!) of our Friday nights. Some of us are working, keeping a watchful eye on those we are fortunate enough to serve. We are checking bedrooms to make sure people are sleeping soundly, we are catching up on our notes to make sure those that work tomorrow know what today looked like, and with each note, each opening and closing of a door this evening or discussion amongst peers, our mission is delivered. Legacy Treatment Services is founded on people, nothing more and nothing less. We are as good as each and every one of us.

The challenge we face is often hard to make tangible or known. We know that we aim to change the lives of those we serve but remembering this in each interaction, every "hello", "goodbye", and discussion in between can be difficult. Tonight, in respect to that often forgotten daily challenge of making sure each interaction is professional and therapeutic; I want to thank each of you. The daily struggle of improving lives is never seen more than in moments of crisis, true moments of life or death.

In the past week, we have saved lives. I don't say this as a metaphor for the role we play in

the lives of those we serve. In a very literal sense we have had youth that needed us to help keep them alive. Some of US worked to calm our kids, help them be cooperative enough to go to SCIP (Screening and Crisis Intervention Program), helped them know that they are loved and cared for. We helped them live! It's not just our kids.

The reason we ask for every interaction to be therapeutic and professional is because one can never know when crisis occurs. All of the best training, all of the best instincts and intentions and still we can't always forecast the crisis. Last night in an adult Substance Abuse group, one of our community overdosed. If not for the fast actions of Taryn and Jessica, that person would no longer be with us. Narcan (an opiate antidote) was administered twice and CPR performed before EMS arrived.

Taryn and Jessica represent the best of Legacy! They were trained, they were prepared, and when a moment of crisis occurred; they saved a life. As each of you embark on your weekend, let's be sure to add Taryn and Jessica to our prayers and recognize that we have an opportunity to change the lives of those we serve. Legacy is grateful for each and every one of you.

Be Safe and In Gratitude,  
Roy

## CASE MANAGEMENT SUCCESS STORY

When L.F. first began using Legacy's case management services, she had just been discharged from an inpatient mental hospital after a stay of two months. She was angry and distraught. Although adamant about putting her life back together, L.F. didn't believe that she could.

L.F. had put a lot of time into learning how to be a stenographer and was afraid she had lost her skills due to nonuse during her hospital stay. She thought that all her hard work would go to waste and didn't believe in herself.

But meeting with her case manager week after week seemed to provide L.F. with a

little bit of structure and brought enough encouragement to provide motivation. It was a slow and steady process, but eventually, L.F. got her skills back! By the time Legacy's case manager peer had stopped meeting with her, she had found a new stenography job.

As L.F.'s case manager explained, they get consumers thinking that they can restore their lives and never let them think otherwise. Legacy provides constant positive support until the consumers are ready to face the world on their own. 🌸



Thank you to Radwell International in Willingboro, NJ, which held an internal campaign to support our Back to School Supplies Drive!



## CAR RAFFLE

Legacy is holding a raffle for a 2018 BMW 320xi (Retail value \$41,395). There are only 500 tickets printed so be sure to act fast! Drawing on October 18! For more information on how to purchase tickets, visit: [www.legacycargiveaway.com](http://www.legacycargiveaway.com).



### Win a New Car!

#### BMW Raffle 2018 BMW 320xi

Sponsored by



Winner would receive ownership of a new car, not a lease

Retail Value: MSRP \$41,395

Ticket cost— \$125

ONLY 500 TICKETS PRINTED

Winner will be drawn at BMW of Mount Laurel  
1220 Route 73, Mt. Laurel, NJ 08054  
on Thursday, October 18, 2018 at 7:00 pm  
Download your ticket order form today at  
[www.legacycargiveaway.com](http://www.legacycargiveaway.com)

Net proceeds of this raffle will benefit The Legacy Foundation, which raises funds for Legacy Treatment Services, whose mission is to change the behavioral health and social service outcomes for people of all ages from surviving to thriving. Winner need not be present to win.

## TICKET # 10182018

## LEGACY GOLF CLASSIC

The Annual Legacy Golf Classic will take place at the beautiful Little Mill Country Club on **October 1, 2018** at 104 Bortons Road, Marlton, NJ. The day includes contests such as a \$10,000 putting contest and a chance to win a car with a hole in one, a cocktail hour and live and silent auctions.

Go to [www.legacygolfclassic.com](http://www.legacygolfclassic.com) to sponsor or register!



## NJACYF Award Winners

Legacy Treatment Services was honored with two award winners at the **2018 New Jersey Alliance for Children, Youth and Families (NJACYF)** Annual Conference at Rutgers University's Living Campus Student Center.

Josh, 18, a recent graduate of Hamilton West High School who has been part of Legacy affiliate Community Treatment Solutions' TRAIL (Transitional Assisted Independent Living) program, won a Ted Hamway Scholarship, which helps fund promising youth who desire to further their education after high school. A hard worker in the classroom, at his grocery store job and on the basketball court, Josh will be attending William Paterson University.

Julian Dunkley, a residential counselor at Legacy, was named as NJACYF's Direct Care Worker of the Year. He has shown an unwavering sense of duty for the youth he works with and has been relentless in his pursuit of their goals with them. Because of the excellent rapport he has built with them, Julian has been able to de-escalate most negative situations that occur.

We were thrilled Julian was able to attend the NJACYF Conference to accept his award and congratulate both of these men for their accomplishments!

*Julian Dunkley receives award as NJACYF's Direct Care Worker of the Year.*



# GENERATIONS LEARNING ACADEMY SUCCESS STORY

The mother of a seventh-grade student came in to Generations Learning Academy, Legacy's free tutoring service open to Burlington County children in kindergarten through eighth grade, this past school year. She was very distraught because her son, D.H., had a very low "C" in math.

The worst part about the situation was that D.H. had given up even trying to do better and really did not want to come to tutoring. The tutor that began to work with him could sense that a vital part of their working together would have to involve giving him a great deal of encouragement that he could do much better.

Every week, staff could see a change in D.H.'s attitude. The tutor helped him improve his math skills by patiently reviewing each step. His confidence soared as he began bringing in higher and higher test scores. By the end of the third marking period, his grade had gone from a low "C" to a high "A"! His mother was very pleased and has recommended Generations Learning Academy to several parents.

Generations Learning Academy offers tutoring by Bachelor-level teachers in all subjects during the school year and works to increase academic skills, develop confidence and improve attitudes toward school and learning. Priority is given to those families demonstrating financial need. 🌱

## WHAT DOES THE GENERATIONS FAMILY SUCCESS CENTER MEAN TO YOU?

*"It means that I can make new friends and it also means that I can have help with my learning. When we do activities together everybody is equal. Everybody is together. That's all that matters. We have fun interacting with each other and getting to know one another. When I'm having trouble with my school work I know my tutor Marilyn will be there to help me understand whatever it is I'm not grasping."*

*"Every week, my 12-year-old twin niece and nephew go to the tutoring program as well as participate in family activities. The staff always has a smiling face, a listening ear and a shoulder if need be. My four-year-old niece loves the playroom and making new friends. It's like having a second family. The support is invaluable! We love GFSC!"*

*"I like GFSC because I like to meet new friends and play with all the toys. I love all their books so my family can read and learn new things."*

*"All the activities my family participates in are very awesome in learning different ways to interact with the kids as well as the parents. And they focus on the importance and balance of a safe and healthy family."*

*"I like all the activities that we do there such as movie night and game night. I especially love the outside activities. I get to socialize with all my friends. The staff provided me with a lot of new activities I can do with my family."*



LEGACY  
TREATMENT SERVICES



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