



2017

Annual Report



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MISSION

Changing the behavioral health and social service outcomes for people of all ages from surviving to thriving.

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A MESSAGE FROM

ROY LEITSTEIN, CEO

Dear Friends and Supporters,

2017 was a year of exciting changes for Legacy Treatment Services, with our biggest news being our affiliation with Community Treatment Solutions (CTS).

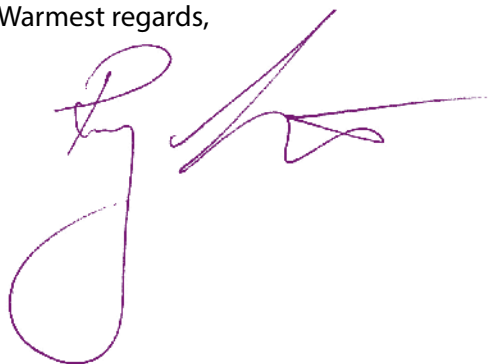
Besides having similar services to Legacy for children and youth who present with behavioral, developmental and addiction issues, CTS also has a program for youth who are victims of human trafficking – the only one of its kind in New Jersey. With CTS, we are truly succeeding in growing our mission and reaching even more individuals and families in need.

In addition to this affiliation, Legacy Treatment Services expanded our reach in New Jersey with the opening of new outpatient facilities in Monmouth Junction (Middlesex County) and Northfield (Atlantic County). Legacy also opened Lester Place, our first long-term outpatient program for youth with special needs. This state-of-the-art program, located in a beautiful newly-renovated setting in Southampton, has already received statewide praise. Lastly, Legacy was also about to open a health and wellness center with Virtua Health in Berlin Township to provide outpatient psychiatric and addiction services.

These new projects allow us to impact more lives than ever before, through service delivery as well as through employment opportunities. Legacy's staff has grown to over 1,200 knowledgeable, committed and caring individuals who have met every new challenge with great enthusiasm.

Of course, none of Legacy's work would be possible without you, our supporters. You enable us to truly transform lives. Legacy could not succeed without you and we cannot thank you enough for your continuing support.

Warmest regards,



Roy A. Leitstein, MS
Chief Executive Officer
Legacy Treatment Services



Legacy Treatment Services offers a full continuum of behavioral health and social services for children, adults, and families:

- 🌱 prevention programs
- 🌱 crisis intervention
- 🌱 outpatient therapy and psychiatric services
- 🌱 case management
- 🌱 substance abuse services
- 🌱 therapeutic foster care
- 🌱 residential programs
- 🌱 juvenile detention alternatives
- 🌱 developmental disability services
- 🌱 special education school



LEGACY TREATMENT SERVICES

2017 Facts & Figures



14,194 unique individuals served throughout Legacy's continuum of care

1,496 children, adults and families provided with psychiatric services and therapy at Outpatient Services

16,709 visits made throughout Legacy's continuum of care

3,613 individuals in crisis screened, stabilized and linked to the appropriate level of care through the screening & Crisis Intervention Program (SCIP)

1,444 children served in the community through Children's Mobile Response

135 youth offered counseling, prevention services, and education assistance at the School Based Youth Services Program

416 children and youth with behavioral health challenges provided with housing, treatment and supports through Adolescent Residential Services

270 adults supported in mental health treatment adherence through Involuntary Outpatient Commitment (IOC) services

363 adults and adolescents treated to overcome their drug and alcohol addictions

364 adults with mental illness provided with case management services and supportive housing to remain safely in the community

182 adults offered a safe alternative to hospitalization through Kairos House and Crosswinds

91 adults were provided with tools, mentoring and support to improve parenting skills

642 individuals and families provided with information, resources, and supports through Generations Family Success Center

162 youth provided with therapeutic foster care

162 students enrolled at Mary A. Dobbins Special Education School with individualized education and supports

251 children and adults participated in Therapeutic Supervised Visitation sessions with the goal of family reunification

19 youth who were victims of domestic human trafficking were provided with therapy





THE YEAR IN REVIEW

2017 brought continued substantial growth to Legacy Treatment Services, resulting in a number of new programs and an affiliation. This growth allows Legacy to serve more children, adults and families in need and further the reach of Legacy's Mission.

Legacy Treatment Services affiliated with Community Treatment Solutions (CTS) in Moorestown, to further expand its continuum of mental health and developmental services. CTS provides services for children and youth who have experienced trauma, including those who have been the victims of human trafficking.

Legacy also opened new outpatient facilities in Monmouth Junction (Middlesex County) and Northfield (Atlantic County), as well as Southampton-based Lester Place, its first long-term outpatient program for youth with special needs.

Legacy also partnered with Virtua Health to open a health and wellness center in Berlin Township in the following year that will provide outpatient psychiatric and addiction services.

At the time of JM's community referral from Virtua, his stressors included housing, suicidal and homicidal thoughts, strained family dynamics, depression, previous substance abuse issues, and physical-health concerns. Over a period of time however, through linkages and advocacy, Legacy's Community Support Specialist was able to engage in transitioning JM's "stage of change" from contemplation to action.

Early in his interaction with the specialist, when JM was residing at the household of a friend, the residence was in danger of becoming foreclosed and his friend was a negative influence on him moving forward. Effectively, the Community Support Specialist linked him to Roebling-Arms Apartments. This domain/dynamic was significant because his goal of acquiring stable housing directly affected his symptoms of mental health. Additionally, JM was linked to It Takes a Family for counseling and medication-management and has been consistently attending appointments there. Other linkages, based on his service-needs and goals, were solidified in order to promote stability moving forward. Since working with Legacy's Community Support Specialist, JM's stressors have diminished and he has obtained a greater degree of stability in his life.

☺ JM,

Adult Community Support Services consumer

When Michelle first enrolled in The Learning Academy (Legacy's free tutoring service open to Burlington County children in kindergarten through eighth grade), she was angry and hostile because she didn't feel that she needed remedial help in math. However, her grade of "F", and skills that were two years below grade level said otherwise.

The first few months of sessions were tough, as she challenged and second guessed attempts to improve her deficient skills. She could not complete her homework independently, but re-teaching basic math skills were a priority. Her attendance was impeccable, as her grandmother realized the importance of weekly work sessions. Since she was also the last student of the night, her tutor could extend the lesson if needed. Eventually, Michelle's work with her Learning Academy tutor began to pay off. Her math skills improved, she received a satisfactory grade in math, and she recognized the improvement she made. She spoke with respect and kindness when thanking the tutor for helping her succeed.

Improving a student's self-esteem through academic growth is a powerful reality of Legacy's Learning Academy. Praising the children, encouraging them to do their best work, and offering honest feedback are essential tools of our trade.

☺ Michelle,

Learning Academy consumer

SJ, an 18-year-old man, was homeless throughout his time at Pemberton High School, due to his mother's history of drug addiction and his father's history of incarceration. He spent his nights couch surfing between other relatives and friends. However, none of these living environments were stable. SJ was exposed to drugs, alcohol and gun violence, which ultimately resulted in his involvement in gang activity. This quickly led to police involvement, brief incarceration and his eventually dropping out of school. Pemberton Township High School administration sought out the support of Legacy's The Hive (School Based Youth Services Program - SBYSP) with the goal of engaging SJ back into school in order to finish necessary requirements to graduate. Prior to dropping out, SJ had been failing his classes, skipping school, sleeping and leaving school whenever he became upset.

A SBYSP youth development specialist began to work individually with SJ to help him develop a plan of support in order to promote stability in his life. For the first time, SJ was presented with options where he began to visualize a future away from the darkness of his childhood. He began to attend school daily and would remain after school to catch up on and gain support for his academic studies. SJ began substance abuse treatment and the youth development specialist assisted SJ with trips to the Burlington County Board of Social Services, where he completed necessary steps to acquire food stamps and financial assistance. SBYSP also helped SJ with attempts at stable housing and his goals of continuing education by assisting with the completion of FAFSA (Free Application for Federal Student Aid) and scholarship applications. SBYSP staff helped SJ identify and focus on his strengths and his grades began improving, he became involved on the school track team, and was ultimately voted prom king and the superintendent's choice for People's Choice Awards. After graduating from Pemberton, SJ was later accepted into multiple colleges and decided on attending New York University. With the help of SBYSP, he said that he was able to now view his strengths, rather than seeing himself as a victim of his circumstances.

*~ SJ,
Graduate of The Hive
(School Based Youth Services Program)*

In her first meeting with Legacy's Peer Case Manager, CM, a 23-year-old woman, immediately launched into a monologue. "I don't like meeting new people," she said. "They are bound to disappoint me and I don't want to be here or anywhere around these people. I don't feel like any of this is helping me and I have no idea how it ever will. I don't want to be told what to do by people who have no idea what it's like to know what I'm going through. What are you going to do for me? Why are you here? You're probably judging me already because I'm adopted and don't have a family."

Legacy's Peer Case Manager responded by saying that all she knew about CM was where to find her, but was there to learn her story. She was a girl who had experienced trauma at the hands of her father, did not have a mother, and had bounced around from foster home to foster home.

CM slowly began to show trust in her treatment team, understood that medication was important for her and believed that she was worth the investment of hard work and deserved a better life. She became a full-time college student, placing on the Dean's List in her first semester. Today, CM enjoys living on the West Coast, paving her own path.

*~ CM,
Outpatient consumer*



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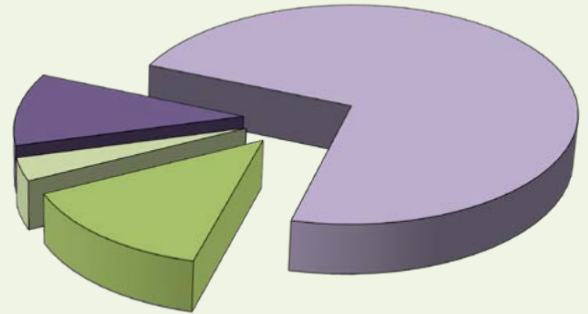
2017 REVENUES / EXPENSES






Revenue:

	Federal-State-County Grants	\$5,210,757
	Consumer Fees	\$36,142,355
	Other Income	\$1,636,499
	School Tuition	\$6,823,383

Total Revenue **\$49,812,994**

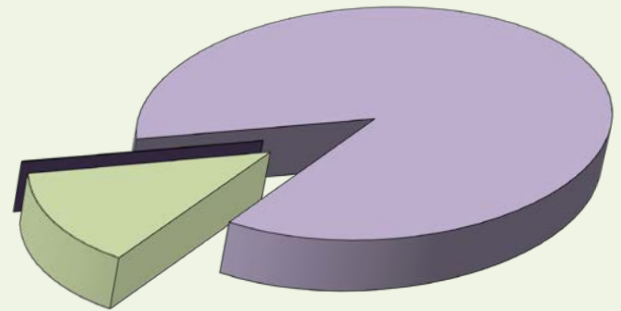


Expenses:

	Program Services	\$45,009,354
	Fundraising	\$50,293
	Management & General Expense	\$7,008,325

Total Expense **\$52,067,972**

Net Revenue / Expense **\$(2,254,978)**



LEGACY
TREATMENT SERVICES



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