

## WHO ARE WE?

Legacy Treatment Services is a nonprofit social service agency dedicated to improving the lives of children, adults and families struggling with behavioral health and developmental challenges. Legacy offers a comprehensive continuum that meets individuals and families at their specific points of need.

With programs throughout the State of New Jersey, Legacy Treatment Services utilizes innovative programming and evidence-based practices, delivered by a team of professionals with a passion for transforming lives.

We look forward to partnering to put individuals on the path to wellness.

WE CAN **HELP 800.433.7365** 







# **OUR MISSION**

To change the behavioral health and social service out-comes for people of all ages from surviving to thriving.

# **OUTPATIENT LOCATIONS**

### MONMOUTH JUNCTION

68 Culver Road Monmouth Junction, NJ 08852 Monday – Thursday: 9 am - 9 pm Friday: 9 am - 5:30 pm

#### **NORTHFIELD**

561 Tilton Road Northfield, NJ 08225 Monday – Thursday: 9 am - 9 pm Friday: 9 am - 5:30 pm

### **WESTAMPTON**

Human Services Building, 795 Woodlane Rd, Suite 301 Mt. Holly, NJ 08060 Monday – Thursday: 9 am - 9 pm Friday: 9 am - 5:30 pm

### **BERLIN**

Virtua Health and Wellness Center 100 Townsend Avenue Berlin, NJ 08009 Monday – Thursday: 9 am - 9 pm Friday: 9 am - 5:30 pm

FOR MORE INFORMATION OR TO SCHEDULE AN APPOINTMENT CALL 800.433.7365

Legacy Treatment Services – Main Office 1289 Route 38 West, Suite 203 I Hainesport, NJ 08036











WE ARE HERE TO HELP





Offering outpatient services for both mental health and addiction in Central and South Jersey





# OUTPATIENT AND ADDICTIONS TREATMENT

The Outpatient Department offers mental health treatment for anyone who is experiencing mental health issues and could benefit from treatment in an outpatient setting.



# **ABOUT US**

Legacy Treatment Services, a 501c3 nonprofit, provides a comprehensive array of behavioral and mental health services for individuals of all ages. We are a vibrant statewide agency that utilizes cutting-edge technology and evidence-based practice in treatment and clinical care.

## THE OUTPATIENT DEPARTMENT

The Outpatient Department offers both mental health and addictions treatment at various levels of ambulatory care.

# **OUTPATIENT SERVICES**

- Mental health treatment
- Addictions treatment
- Individual, family, couples and group sessions
- Psychiatric medication management
- Psychiatric care and assessment
- Professional counseling and social work

## WHO WE SERVE

- Children starting at age 6
- Adults, Families and Older Adults
- Individuals involved with court proceedings
- Individuals suffering from abuse and neglect
- Individuals experiencing difficulties in life

## **HOW WE SERVE**

The Outpatient Department utilizes evidence-based treatment including:

- Motivational Interviewing
- Cognitive Behavioral Therapy
- Dialectical Behavioral Therapy
- Illness Management and Recovery
- Trauma CBT
- Systems Family Therapy
- Structured Family Therapy

Outpatient services are delivered by an interdisciplinary staff that includes:

- Psychiatrists/Psychiatric
- Advanced Practice Nurses
- Therapists (LPC, LAC, LSW, LCSW, LCADC)
- Peers\*
- Medical Support Staff

Referrals for outpatient therapy are accepted from consumers, social service providers, healthcare providers, hospitals, schools, police and emergency services. Consumers can also contact the Outpatient Department directly to schedule an intake assessment.

The services provided by the Outpatient Department are funded/reimbursed through state grants and private insurance companies.

\*Peer Support Services are assessed on an as-needed basis in both individual and group format to adults in order to assist them in recovery efforts through outreach and engagement activities that include development of Personal Wellness and Recovery Action Plans.

Offering Outpatient Services for both Mental Health and Addiction

WE CAN HELP