



Legacy Treatment Services' mission is to change the behavioral health and social service outcomes for people of all ages from surviving to thriving.

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WELCOME NEW BOARD MEMBERS

Leslie Haddock, Tine Hansen-Turton and Timothy Titus are the latest members to join the Legacy Treatment Services Board of Trustees.

Leslie, who graduated from Upsala College with a BA in Sociology and earned an MSW degree from Norfolk University and an MBA in Public Administration from Strayer University, is the Associate Teen Director at Boys and Girls Clubs of Mercer County.

Previously, Leslie worked as a program supervisor for Burlington County Community Action Program (BCCAP), and also at Southern Jersey Family Medical Center, Youth Consultation Services, and the Aids Resource Foundation for Children.

Tine, a graduate of Slippery Rock University and University of Pennsylvania Fels Institute who received her Juris Doctor from Temple University Beasley School of Law, is the CEO and President of Woods Services in Langhorne, PA. She joined the Legacy Board in March after Legacy's affiliation with Woods.

Tine formerly served as the Chief Operating Officer at Public Health Management Corporation, where she oversaw and led corporate strategy, operations, business development and M&A. Additionally, Ms. Hansen-Turton served as CEO of the National Nurse-led Care Consortium, is the founder and publisher of a social impact/innovation journal and has co-published eight books. She has received several advocacy and leadership awards, the prestigious Eisenhower Fellowship, the Business Journal 40 under 40 Leadership and Women of Distinction Awards. She was named one of the 101 emerging Philadelphia connectors by Leadership, Inc. and American Express NextGen Independent Sector Fellow.

Tim, a career transition coach and business advisor with The Entrepreneur's Source, also joined the Legacy Board in March after the Woods affiliation. A graduate of University of Detroit Mercy with an MBA from the University of Michigan, he currently serves as Chairperson of the Board of Archway Programs (a Woods affiliate) and is also a board member of Woods Services, Woods Resources and Woods Foundation.



A MESSAGE FROM ROY LEITSTEIN, CEO

Welcome to Legacy Treatment Services' newsletter, **THRIVE!**

Legacy continues to grow and excel in the services we provide to individuals who have put their trust in us to give them new tools to move from surviving to thriving. We take our role in clients' lives seriously, with the understanding that to be effective we must continue to be mission-driven, flexible and responsive to what clients, communities and our payers need; enhance our skills; and hire exceptional people. As an agency, we must also thrive to remain a resource for our clients and we are doing just that!

Our initiatives are guided by our mission. It is this mission that affords us the ability to grow in a way that is centered on issues facing communities right now: addictions, housing and behavioral health—through an integrated health model. This integrated model recognizes the interdependence between physical and mental health and treats both concurrently. The notion that physical health and mental health are interdependent is not new. However, implementing this with best practices, finding partners and honoring our mission are a huge endeavor.

We could not pursue this task were it not for our exceptional staff, our visionary board, our partners and affiliations and YOUR support. We feel your support when you come to the high school graduation to support youth at the Mary A Dobbins School, paint our homes, attend and sponsor our fundraising events, help us deliver food during Thanksgiving, and collect toys and gifts for our children during the holiday season.

With appreciation and gratitude,
Roy

CHRISTINE KIRKBRIDE PROMOTED TO CHIEF OPERATING OFFICER



Christine Kirkbride, who has been with Legacy Treatment Services for nearly 15 years, was promoted to Chief Operating Officer of Legacy in January. Christine previously served as Vice President of Ambulatory and Emergency Services. All of Legacy's programs and services report to Christine in her new role. 🌸

WELCOME NEW BOARD MEMBERS

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Prior to working with The Entrepreneur's Source, Tim held several key leadership roles in the insurance division of HSBC during a period of over 20 years, including chief risk officer, chief compliance officer and chief financial officer. He also worked for several years in public accounting and is a Certified Public Accountant. 🌸

Become a Treatment Home Parent Today!

Do you have it in your heart to help a child in need and provide treatment for youth from 4 to 21 years old in your home? Attend our Open House Treatment Home Parent Recruitment Event on Wednesday, July 31 at 2:00 PM @ Community Treatment Solutions, 236 West Route 38, Suite 100, Moorestown, NJ. 🌸

For more information, contact Milka DeLellis: 856-642-9090, Ext. 124.

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ROY LEITSTEIN, VETERAN OF INFLUENCE

Legacy was proud to congratulate our CEO Roy Leitstein, who was honored as a 2018 *Veteran of Influence*!

Roy, who began his professional career in social services while serving in the United States Army, continued that work after his discharge.

He was selected to receive a *Veterans of Influence* award by the Philadelphia Business Journal as someone who served his country with honor and is now making a difference in the Greater Philadelphia business community. 🌟



Night of Trivia

The Greyhawk and Sundancers teams were the winners at Legacy's fourth annual Night of Trivia, held in May at Ramblewood Country Club!

After seven rounds of various trivia categories, Greyhawk emerged victorious, while the Sundancers held off 11 other teams for second place. 🌟



MONTE CARLO NIGHT

Honoree Senator Troy Singleton was presented with the Legacy Award by Legacy CEO Roy Leitstein and guests enjoyed table games, video horse racing, auctions, prizes, food and drink and other surprises at Legacy's Monte Carlo Night, held at The Merion in Cinnaminson in March. 🌟



2019 RIDE TO THRIVE

The 2019 Legacy Ride to Thrive had 250 riders – the most ever! It was a beautiful June day at the sixth annual event that started and finished at the Burlington County Fairgrounds in Columbus, NJ. Cyclists rode either a 63, 45, 30 or 18-mile course then enjoyed a BBQ lunch.



CHIPOTLE HARVEST FOOD DONATION

The Chipotle Harvest Program donated burritos, tacos and toppings for three consecutive days to residents of Legacy's Kairos House as part of employee training and the opening of its new Chipotle Mexican Grill in Moorestown's East Gate Square!

Kairos House is a short-term residential program that offers a safe, therapeutic option for those who are at risk of hospitalization due to exacerbation of their mental illness; or for those who need further stabilization and/or a transition period following an inpatient stay.

The Kairos House residents, who are typically referred from Legacy's Screening and Crisis Intervention Program, were very appreciative of Chipotle's generosity!

Thanks to Manager Joe Mozdzen and his crew for organizing! 🌱



HOLIDAY GIFT DRIVE

Children and youth at Legacy and Community Treatment Solutions received many gifts and donations from a number of sources during our holiday drive, including friends and family of Carl and Wendy Dinato, Bayada Home Health Care, Relieveus and Haele Flanagan! 🌱



DARE TO WEAR ORANGE 2019



Employees at ABI Tape in Moorestown, as well as at ABI's offices in Wellesley and Lowell, MA; Rhode Island; New York City; Belgium; Italy; Singapore; China and Korea participated in their annual Dare to Wear Orange Day in support of Legacy affiliate Community Treatment Solutions (CTS)!



ABI Tape's Vice President and General Manager (and member of the CTS Board and Legacy Board of Trustees), Michel Merckx, was born in the Netherlands, a constitutional monarchy. The prevalent color, orange, symbolizes national and royal pride and stems from the royal family name: The Family Nassau, House of Orange. The Dutch celebrate the birthday of King Willem Alexander with many, many people dressed up in orange.

ABI's Dare to Wear Orange Day has benefited CTS for a number of years and this year, there was a record 275 people wearing (some kind of) orange. With \$5 being donated for each person, plus additional donations, ABI raised \$1,675 for CTS/Legacy!

Keller Williams and Amica Volunteer Days

Employees from Keller Williams and Amica Mutual Insurance Company helped beautify the Legacy Children's Home Campus and Lester Place during May.

Agents from Keller Williams Medford-Marlton offices, led by coordinator Jim Robinson, did landscaping and painting, mostly around the Mary A. Dobbins School in Mount Holly as part of Keller Williams' annual nationwide RED Day.

On RED Day, which stands for "renew, energize and donate," more than 1,000 Keller Williams offices throughout the country dedicated part of their day to doing something charitable for their local communities.

Earlier in the month, employees from Amica's Mount Laurel office painted porches and railings at Lester Place in New Lisbon.



CARIE CARES



Burlington County probation officers, organized by volunteer coordinator Carrie McCay, suited up to play basketball against Legacy youth in the third annual Carrie Cares event!



Besides basketball, the group donated t-shirts and bags of socks, plus provided a grilled lunch for the youth and staff! 🌸

SUBARU SHARE THE LOVE

For the seventh consecutive year, Miller Subaru in Lumberton selected Legacy as one of its local charities of choice for the national Subaru Share the Love event during the holiday season. For each vehicle leased or purchased during this time frame and if the customer selected Legacy, we received \$250 to assist children and youth in need. This year, Legacy earned an all-time high of \$11,721!

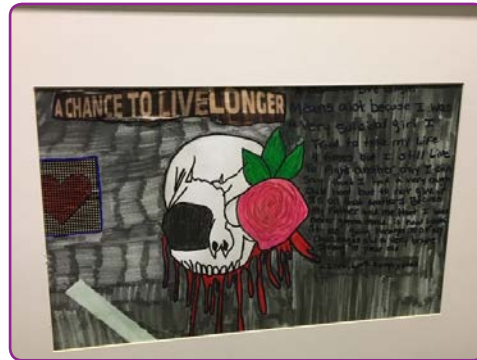
This recent amount brings the Miller Subaru Share the Love total since 2011 to over \$43,000 for Legacy! 🌸



MARY A. DOBBINS ART SHOW

Students from Legacy's Mary A. Dobbins School proudly demonstrated their artistic abilities at their third annual art show and auction.

The theme was Celebrating Earth and the public was invited to make silent auction bids in hopes of taking a beautiful framed piece home. Besides the displayed artwork, other students drew and sold caricatures of guests and painted recycled flower pots planted with seeds. A great job by all involved! 🌸



CTS WINTER SEMI-FORMAL CELEBRATION

Legacy affiliate Community Treatment Solutions (CTS) held its first Winter Semi-Formal event at Camden's Salvation Army Kroc Center in January for 40 youth and staff from CTS' residential program. The youth had a great time dancing to music played by a DJ and eating dinner and dessert! 🌸



LEGACY IS CREATING AN ENVIRONMENT OF COMFORT VS. CONTROL

Legacy continues to commit to trauma-informed care through implementation of Ukeru, a non-intrusive and proactive crisis management technique aimed at providing a safe and comforting environment of care while reducing the need for emergency safety physical interventions.

Ukeru, which is Japanese for "to receive," was created onsite at Grafton Integrated Health Network, a private, nonprofit service provider for those overcoming emotional, behavioral or developmental challenges, as an alternative way to promote security and comfort while reducing the use of physical restraints. The program is grounded in conceptual ideas such as trauma-informed care and conflict resolution, and is supported by physical techniques that minimize the

need for restraints. Using soft Ukeru blocking pads, staff can protect both consumers and themselves against aggressive episodes.

During the past fiscal year, Legacy initiated implementation of Ukeru as an additional crisis management intervention to reduce the use of emergency safety physical interventions through onsite Grafton trainings for over 20 trainers on staff. This was followed by multiple onsite trainings hosted for all staff in our Adolescent Residential Programs and the Mary A. Dobbins School.

Legacy also invested in Ukeru equipment for each home and the school, including various soft blocking pads distributed throughout the sites. By using Ukeru's custom-made, soft, cushioned blocking tools, Legacy is better able to keep its staff and the individuals in our care safe and comfortable. Full implementation of Ukeru aims to enhance the quality of treatment and increase satisfaction for those both receiving and providing services. With a trauma-informed approach, proper training and implementation of Ukeru, Legacy continues its efforts towards eliminating the use of emergency safety physical interventions without compromising the safety of our consumers or employees. 🌸



LEGACY GOLF CLASSIC

The Annual Legacy Golf Classic will take place at the beautiful Little Mill Country Club on October 1, 2019 at 104 Bortons Road, Marlton, NJ.

The day includes contests such as a \$10,000 putting contest and a chance to win a car with a hole in one, a cocktail hour and live and silent auctions.

Go to www.legacygolfclassic.com to sponsor or register! 🌸

CTS HOME PARENT APPRECIATION

The CTS Team came together for a Treatment Home Parent Appreciation brunch at CTS on May 22. The children and youth initiated the idea for a meaningful and touching event, and the clinicians organized the event. Words of thanks were presented by the kids through video and quotes on a display board. Twenty-three treatment parents attended and received take home planters made by their child. 🌸





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SUCCESS STORIES

GENERATIONS FAMILY SUCCESS CENTER

Nearly 250 people turned out for the Generations Family Success Center's Annual Community Easter Egg Hunt and BBQ at Mill Dam Park in Mount Holly in April. The family event included photos with the Easter Bunny, arts and crafts, lunch as well as an egg hunt. The event, which was well attended by both members of the community as well as at-risk families that Legacy serves, allowed families to focus on spending time together with friends and family without having to worry about the cost. ~



PATH

A consumer was admitted to the Legacy PATH (Project to Assist the Homeless) program in September, after staying with friends and family members in New Jersey for the previous four years. At the time of admission, she was temporarily staying with friends but had been given 30 days to leave since her friends were moving. Prior to this, the consumer had lived with her mother until age 22 before moving to California for two years to help care for her ill father.

While engaged in PATH, a case manager assisted the consumer in eventually obtaining independent housing at Springside School apartments in January, as well as helping her receive food stamps. Since moving into her apartment, the consumer has been more focused on maintaining physical health and has been independently scheduling and attending doctor appointments. ~

CROSSWINDS

A 37-year-old woman was admitted to Legacy's Crosswinds Peer Respite Center in August with personal goals of managing crisis, increasing coping skills and maintaining sobriety and housing in order to be reunified with her daughter, who has disabilities.

Throughout treatment, she participated in therapeutic groups while utilizing the Crosswinds Peer Respite Center for linkages to outside treatment providers in order to stabilize her mental health symptoms and secure housing. Eventually, the consumer was able to secure her placement in a new program of family reunification with Ocean Mental Health Services (OMHS), called Keeping Families Together, and was placed in a temporary shelter before moving into a new apartment with the help of OMHS.

Soon after securing her apartment, the consumer was discharged from Crosswinds (a month after being originally admitted) and was successfully reunited with her daughter. Since her discharge, she has received an \$8,000 scholarship towards a four-year degree in Psychology as a result of submitting a paper on her personal story of recovery. She continues to be successful in caring for her daughter and is engaged to be married. ~